

**11th Annual Orange County Symposium on Cardiovascular Disease Prevention  
The Need to Know**

**Nathan D. Wong, PhD, Shaista Malik, MD, Robert S. Greenfield, MD,  
and Paul D. Rosenblit, MD, PhD, Co-Chairs**

Double Tree Hotel, 100 City Drive South, Orange, CA  
Saturday, November 9, 2019

<b>Time</b>	<b>Title</b>	<b>Speaker</b>
7:15 - 8:00 AM	<b>Registration and Breakfast with Exhibitors</b>	
8:00 - 8:10 AM	Welcome Remarks	Nathan D. Wong, PhD
<b>SESSION I</b>	<b>Moderator – Rob Greenfield, MD</b>	
8:10 - 8:35 AM	Women and Heart Disease: A Different Perspective?	Ezra Amsterdam, MD
8:35 - 9:00 AM	Integrative Cardiology – Where Does East Meet West?	Shaista Malik, MD, PhD
9:00 - 9:25 AM	Blood Pressure Control in Older Persons and Other Special Populations: How Low Should We Go?	Jeffrey Brettler, MD
9:25 - 9:45 AM	Panel Discussion	Speakers above
9:45 - 10:05 AM	<b>Break and Exhibits</b>	
<b>SESSION II -</b>	<b>Moderator – Shaista Malik, MD, PhD</b>	
10:05 - 10:30 AM	The New 2019 Prevention of CVD and Cholesterol Management Guidelines – What’s New?	Nathan Wong, PhD
10:30 - 10:55 AM	Triglycerides - An Underrated Enemy in Cardiovascular Disease	Eliot Brinton, MD
10:55 - 11:20 AM	Does HDL-C Matter Anymore as a Risk or as a Target of Therapy?	Rob Greenfield, MD
11:20 - 11:40 AM	Panel Discussion	Speakers above
11:50 - 12:40 PM	<b>Lunch Break Symposium</b>	
11:50 - 12:40 PM	<b>Non-CME Symposium</b>	
12:40 - 1:00 PM	<b>Dessert Break and Exhibits</b>	
<b>Session III -</b>	<b>Moderator – Paul Rosenblit, MD</b>	
1:00 - 1:25 PM	Is There a Best Diet for Preventing Cardiovascular Disease	Geeta Sikand, MS, RDN
1:25 - 1:50 PM	Are all Omega 3 FA’s the Same? EPA, DHA vs. Supplements	R. Preston Mason, MD
1:50 - 2:15 PM	Cardiovascular Genetics Update: Implications of Personalized Testing	Robert Superko, MD
2:15 - 2:40 PM	What About Lipoprotein (a)? Who to Measure?	Michael Wilkinson, MD
2:40 - 3:05 PM	What is CardioDiabetology?	Paul Rosenblit, MD, PhD
3:05 - 3:30PM	Panel Discussion	Speakers above
<b>3:30PM</b>	<b>Closing Remarks</b>	Paul Rosenblit, MD, PhD