

# Overview of the Clinical Trial Data on Non-alcoholic Steatohepatitis (NASH)

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Professor of Internal Medicine  
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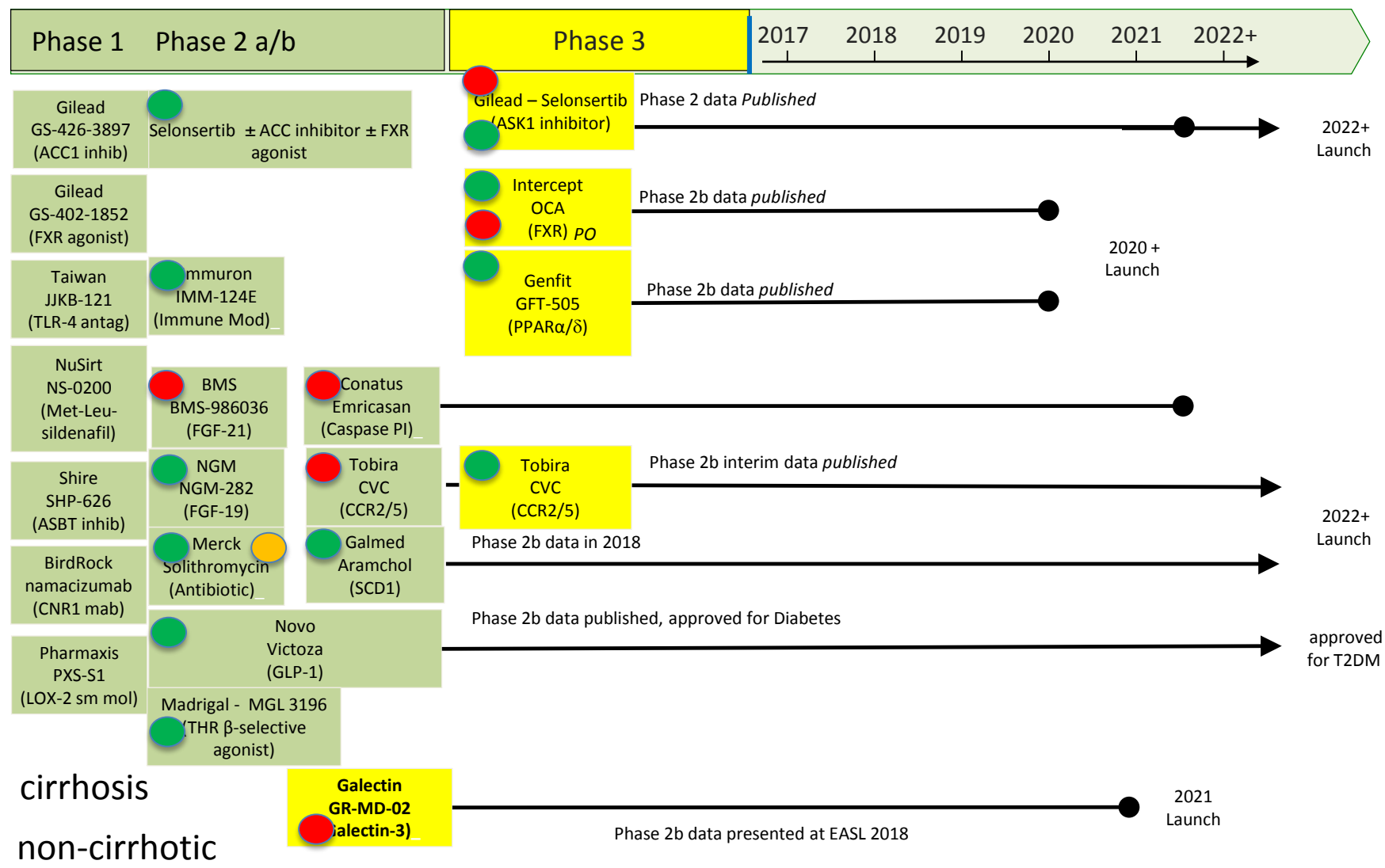


# COI

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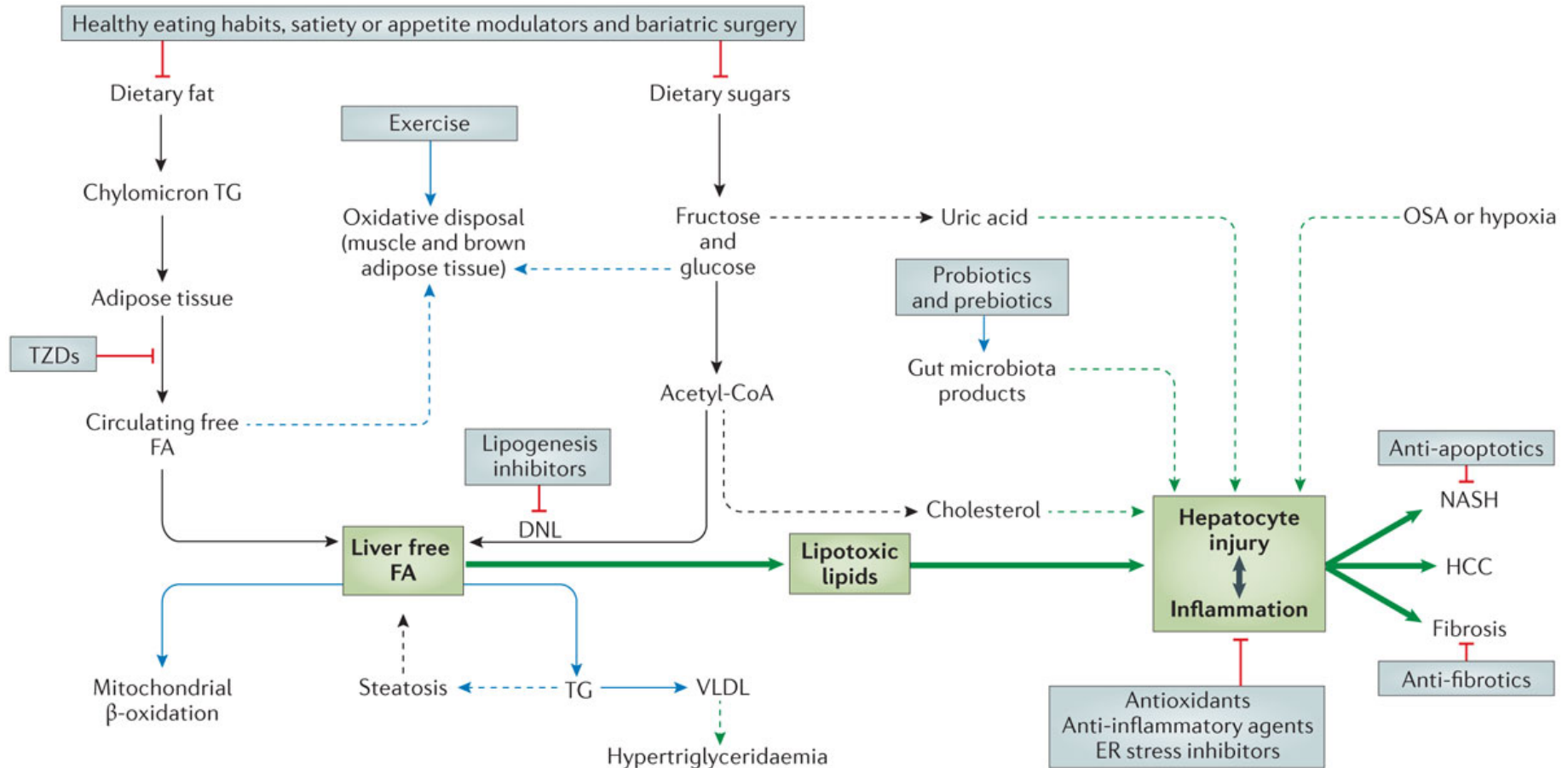
- Consultant/Advisor:
  - Allergan, Arrowhead, Blade, Boehringer Ingelheim, BMS, Coherus, Consynance, Enanta, Gelesis, Gilead, Intercept, Lipocine, Madrigal, Medimmune, Merck, Metacrine, NGM, pH-Pharma, Prometheus

# NASH Pipeline in 2018 - Front Runners



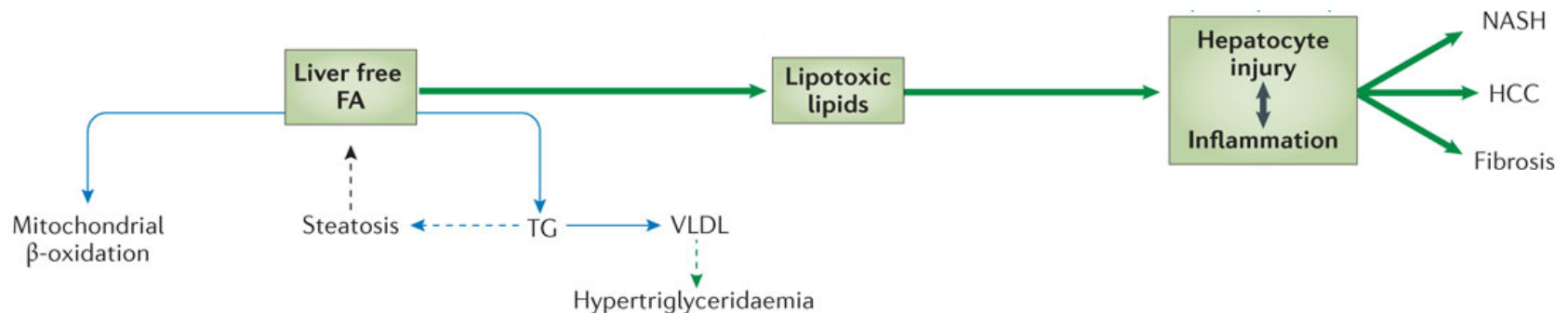
*Represents earliest and most aggressive approval timelines.*

# The lipotoxicity model of NASH and targets for therapy



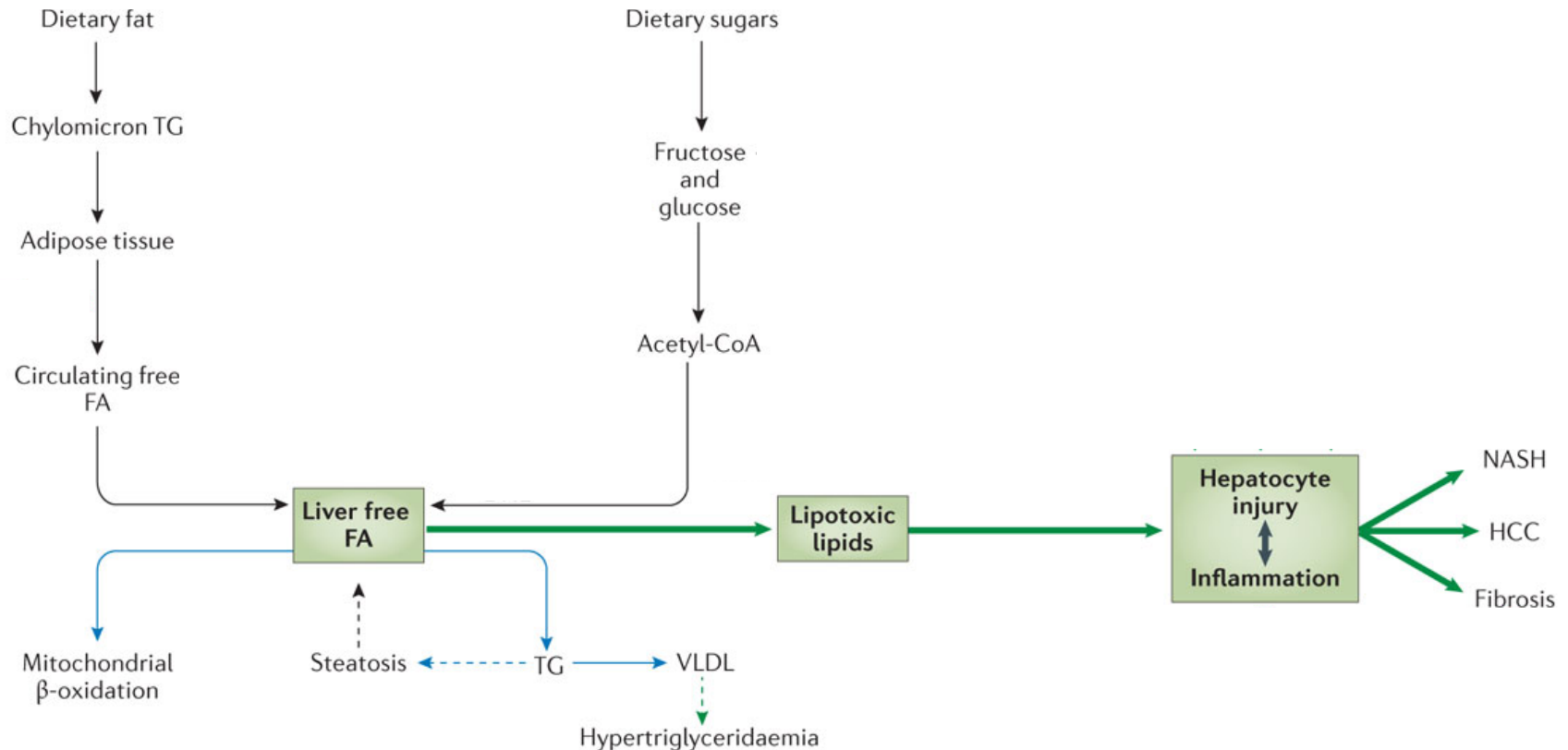
Nature Reviews | **Disease Primers**

# The lipotoxicity model of NASH and targets for therapy



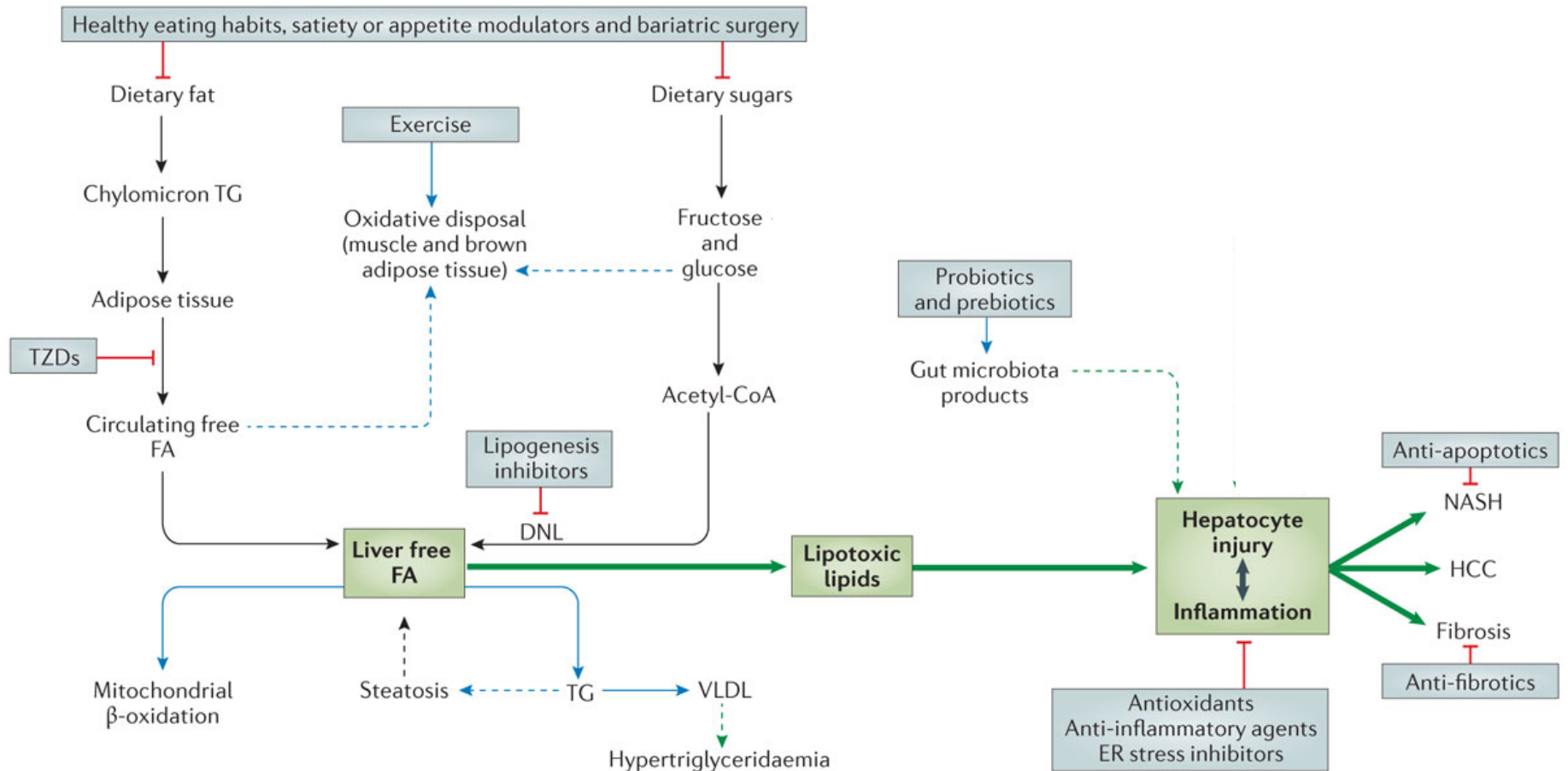
Nature Reviews | **Disease Primers**

# The lipotoxicity model of NASH and targets for therapy



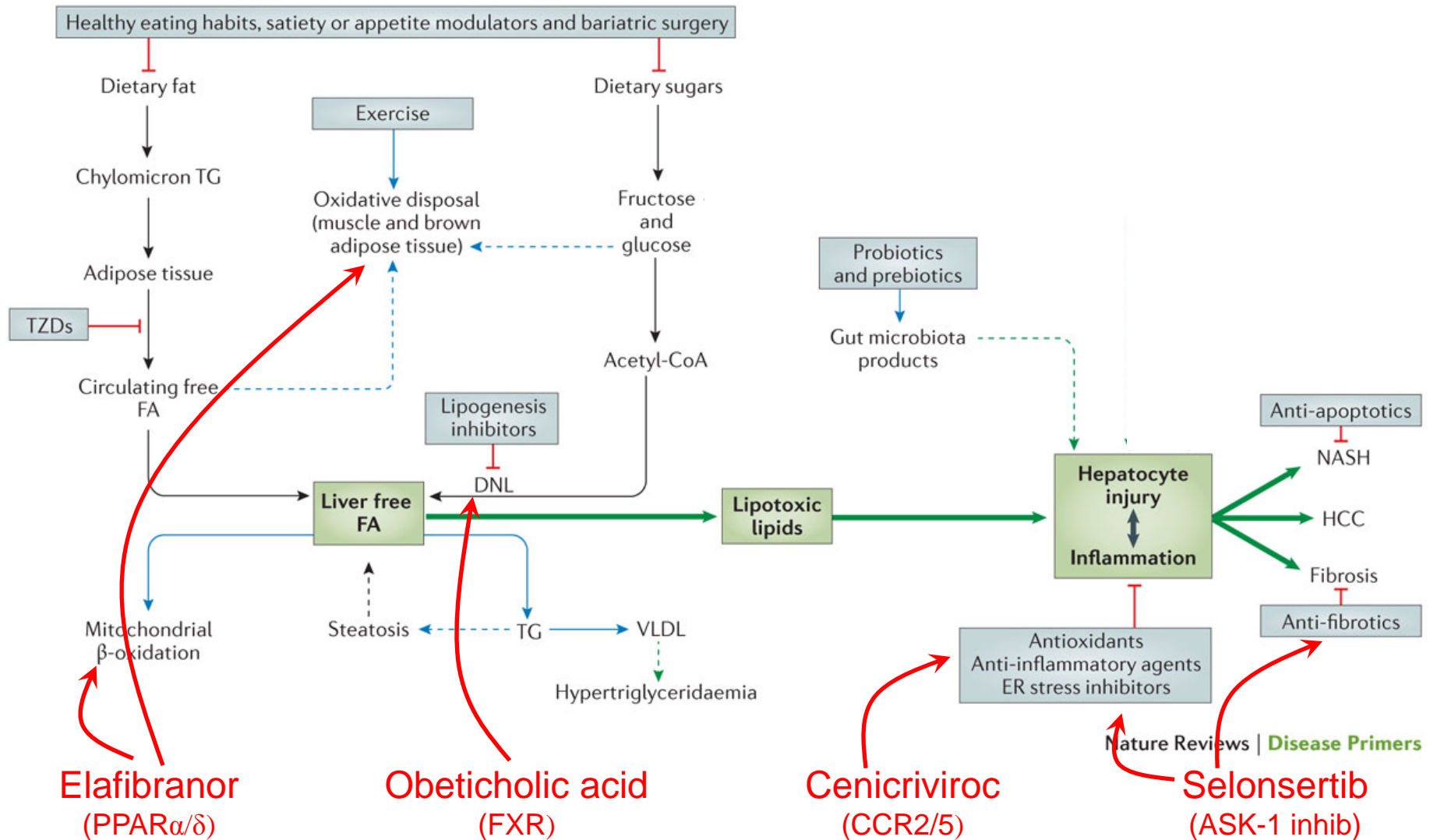
Nature Reviews | **Disease Primers**

# Targets of therapy



Nature Reviews | **Disease Primers**

# Drugs in Phase 3 trials





# NASH Ongoing Phase 3 trials

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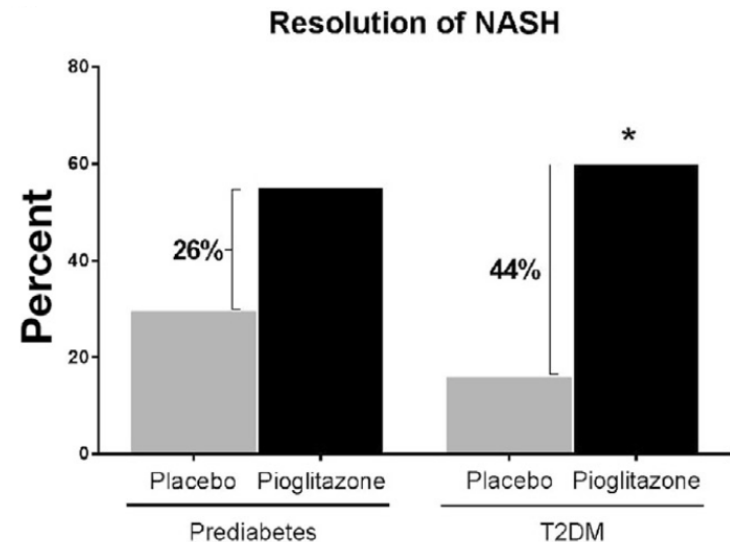
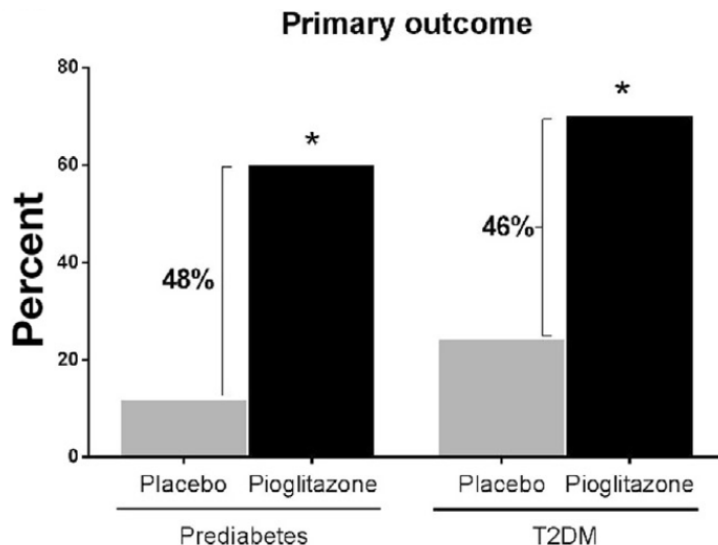
- Obeticholic acid: REGENERATE & REVERSE (Intercept)
- Elafibranor: RESOLVE-IT (Genfit)
- Selonsertib: STELLAR 3 & STELLAR 4 (Gilead)
- Cenicriviroc: AURORA (Allergan)

*All are **Phase3/4 adaptive design** with **histological end points** for **Subpart H conditional approval** followed by **clinical end points** for **full approval***

# Pioglitazone for NASH

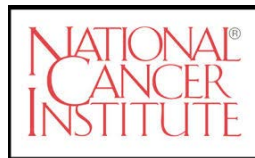


- Pioglitazone 45 mg daily + diet x 18 months
  - N = 101
  - 1° endpoint: NAS improvement  $\geq 2$  and no worsening fibrosis
  - Diabetic subjects (n = 52) had a better response
  - Improvements maintained in a 18 month open label follow up study
    - Cusi et al, Ann Intern Med 2016;165:305-315
  - AASLD and EASL guidance: consider in non-cirrhotics with **biopsy** dx of NASH



## **Farnesoid X nuclear receptor ligand obeticholic acid for non-cirrhotic, non-alcoholic steatohepatitis (FLINT): a multicentre, randomised, placebo-controlled trial**

*Brent A Neuschwander-Tetri, Rohit Loomba, Arun J Sanyal, Joel E Lavine, Mark L Van Natta, Manal F Abdelmalek, Naga Chalasani, Srinivasan Dasarathy, Anna Mae Diehl, Bilal Hameed, Kris V Kowdley, Arthur McCullough, Norah Terrault, Jeanne M Clark, James Tonascia, Elizabeth M Brunt, David E Kleiner, Edward Doo, for the NASH Clinical Research Network\**



Partial funding for the trial, obeticholic acid, and placebo were provided by Intercept Pharmaceuticals under a Collaborative Research and Development Agreement with the NIDDK.

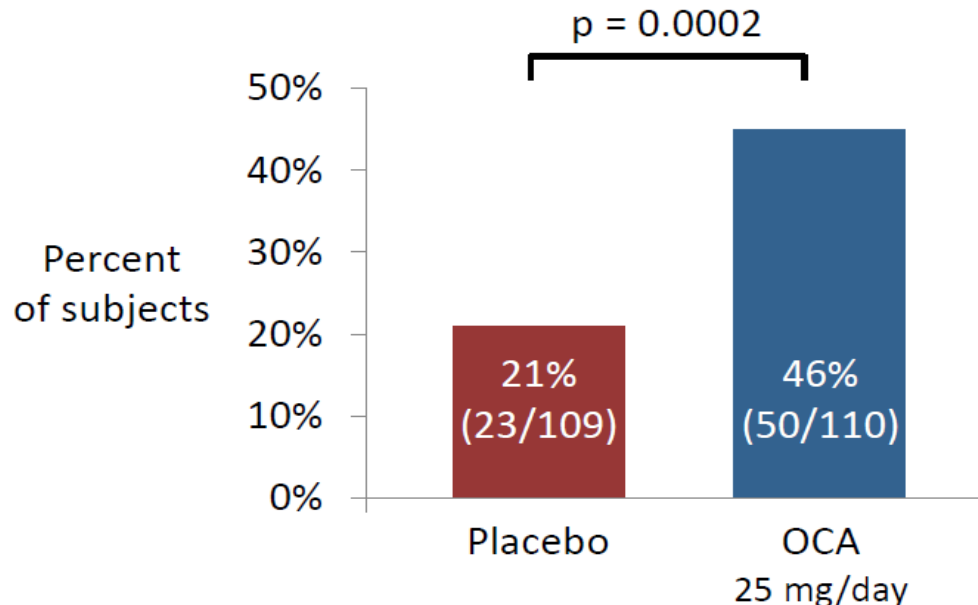
# The FLINT trial

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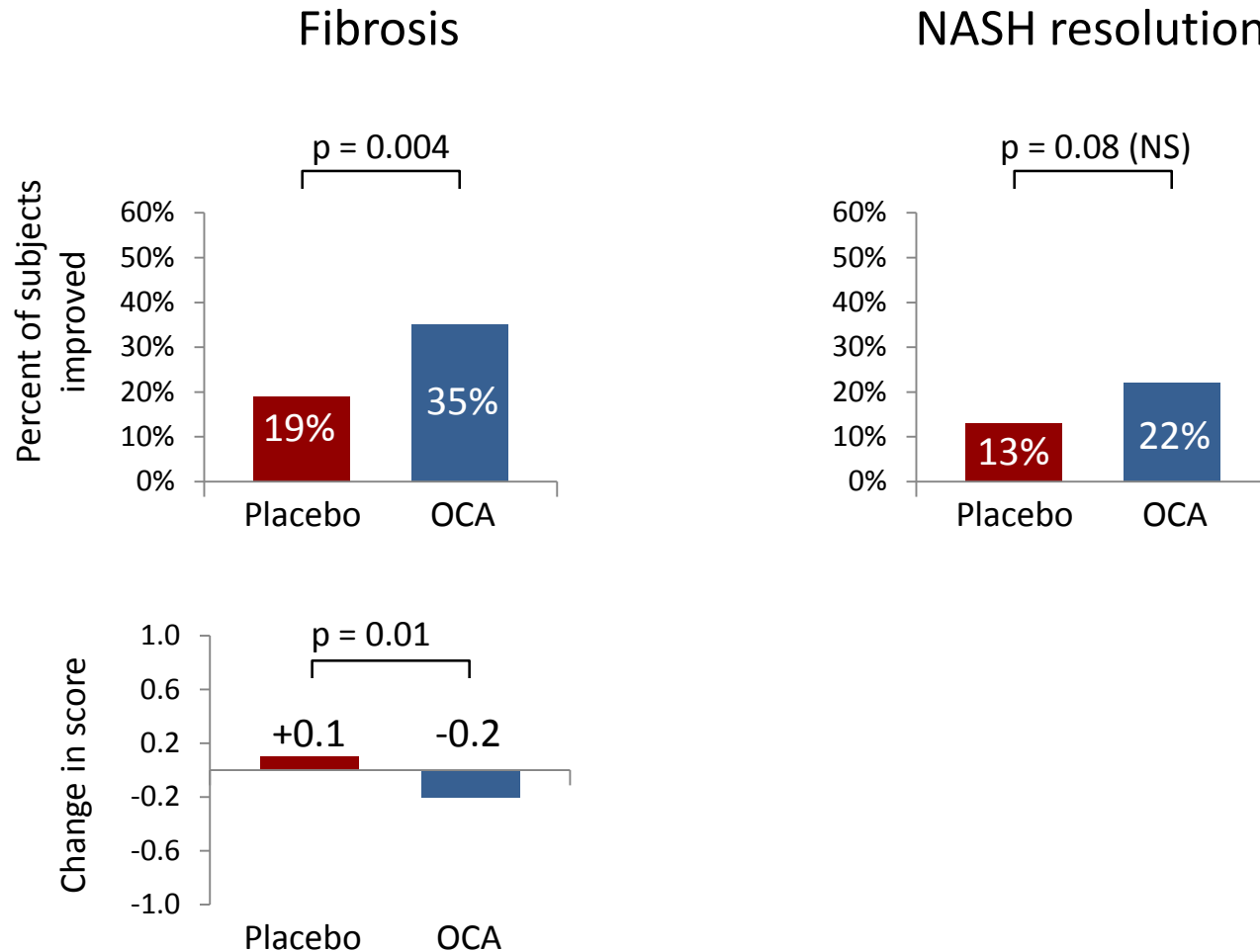
- Obeticholic acid (OCA), 25 mg orally daily vs placebo
- Inclusion: adults with NASH on biopsy, NAS  $\geq 4$ ;  
Exclusion: cirrhosis
- N = 283 patients randomized at 8 clinical centers
- 72 weeks of treatment
- Biopsy  $\leq 3$  mo. before treatment and after 72 weeks
- Primary endpoint
  - Improvement in NAFLD activity score  $\geq 2$  pts with no worsening of fibrosis

# FLINT primary endpoint

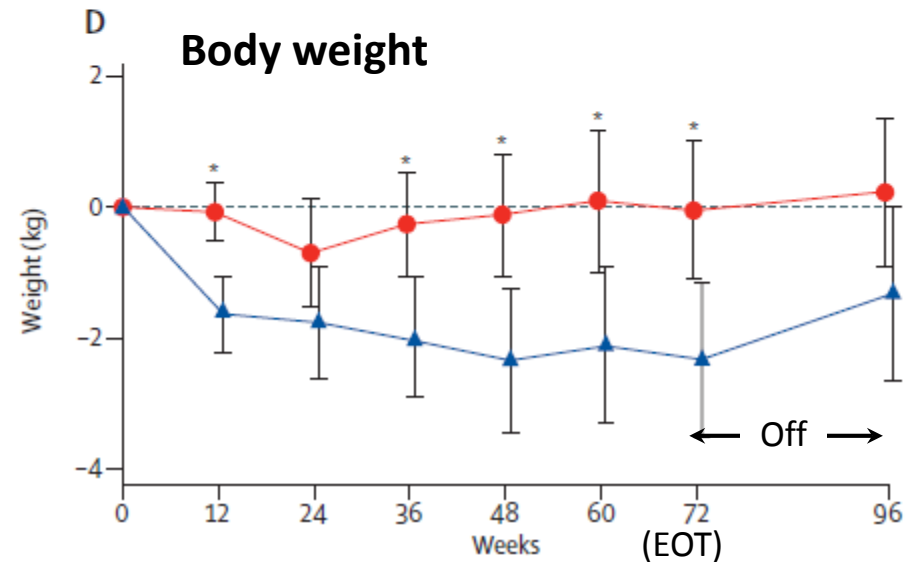
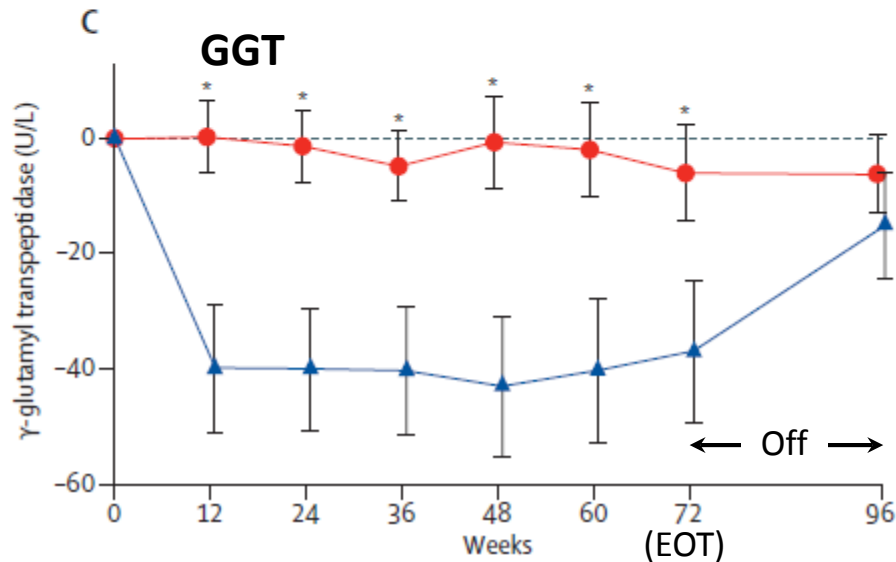
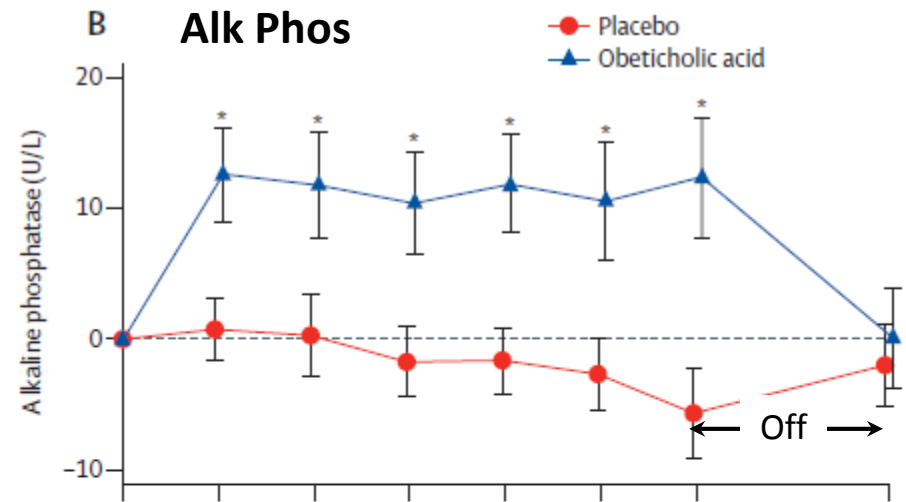
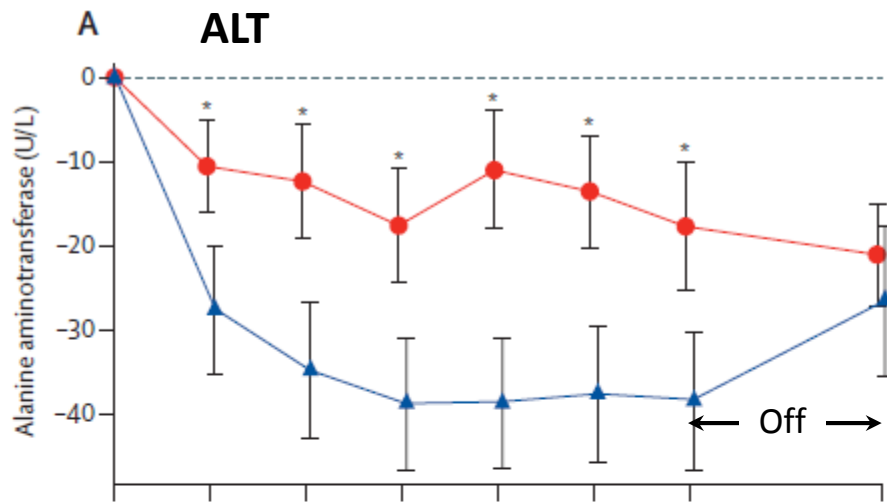
- Improvement in NAFLD activity score\* (NAS)  $\geq 2$  pts
  - \* NAS = steatosis grade (0-3) + inflammation grade (0-3) + ballooning grade (0-2)
- No worsening of fibrosis
- Results:



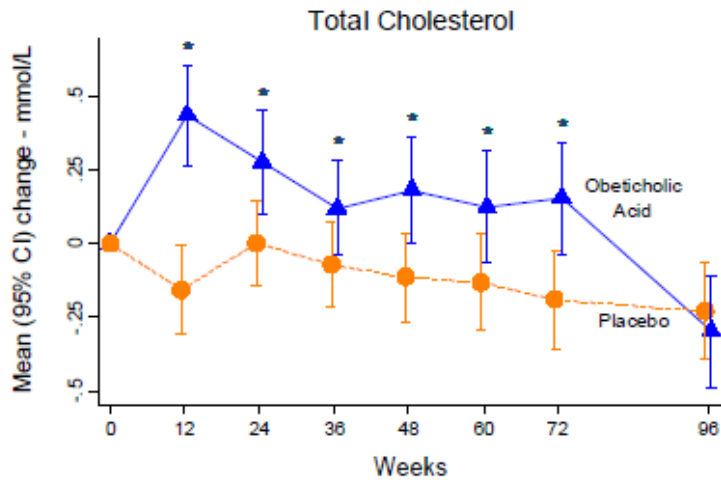
# Improvement in fibrosis and NASH resolution



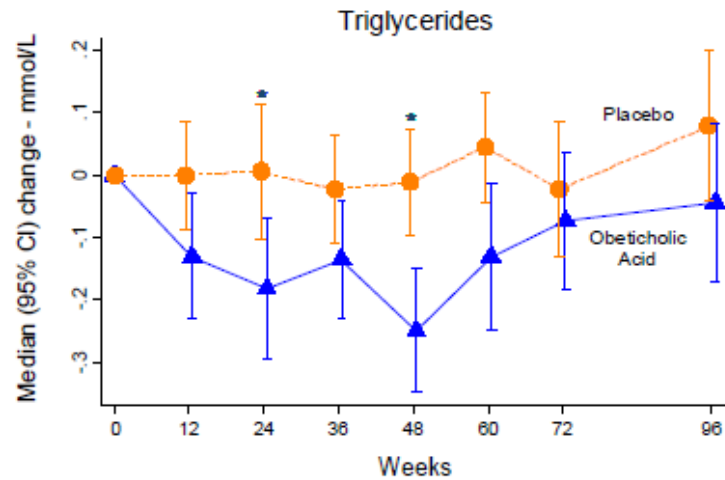
# Enzymes and body weight



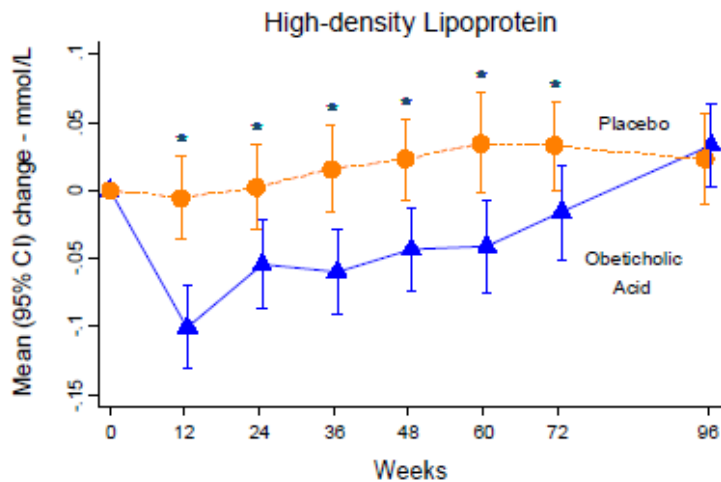
# Serum lipids



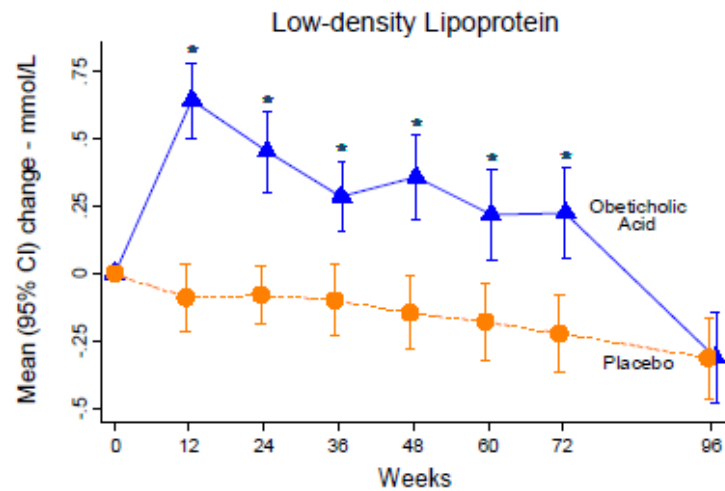
\*p<0.05



\*p<0.05



\*p<0.05

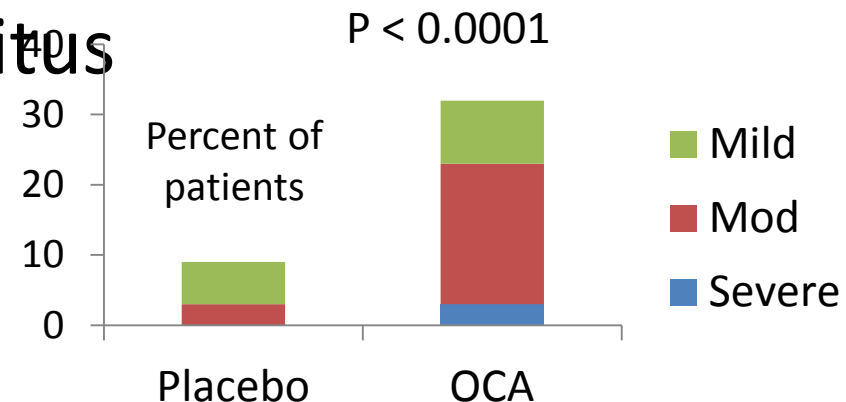


\*p<0.05



# Adverse events

- 6 severe adverse events in obeticholic acid group
  - 4 severe pruritus (1 stopped treatment)
  - 1 hypoglycemia
  - 1 possible cerebral ischemia (dysarthria and dizziness)
- Moderate or severe pruritus
  - 23% in obeticholic acid
  - 6% in placebo



## **CLINICAL—LIVER**

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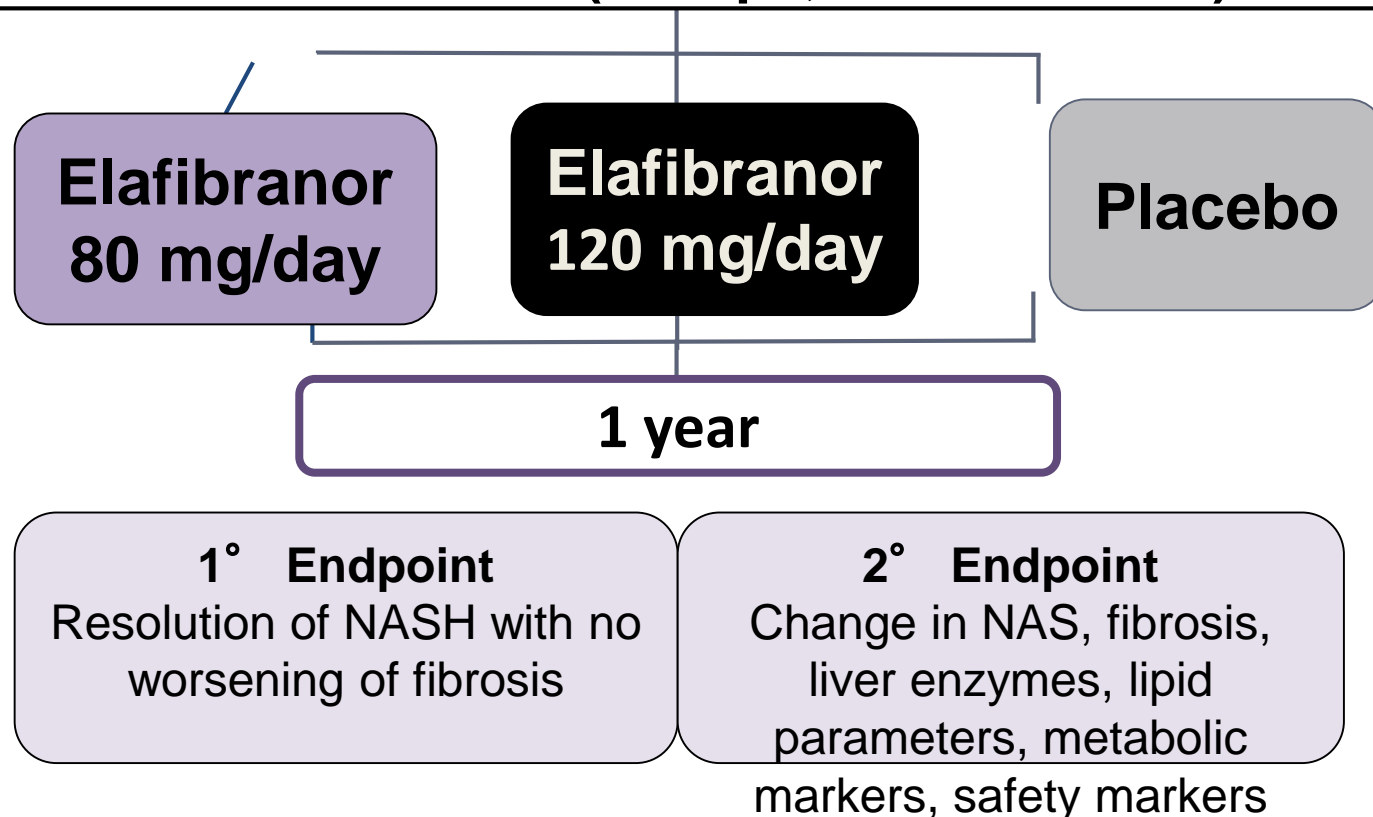
### **Elafibranor, an Agonist of the Peroxisome Proliferator — Activated Receptor — $\alpha$ and — $\delta$ , Induces Resolution of Nonalcoholic Steatohepatitis Without Fibrosis Worsening**



Vlad Ratziu,<sup>1,2</sup> Stephen A. Harrison,<sup>3</sup> Sven Francque,<sup>4</sup> Pierre Bedossa,<sup>5</sup> Philippe Leheret,<sup>6,7</sup> Lawrence Serfaty,<sup>8</sup> Manuel Romero-Gomez,<sup>9</sup> Jérôme Boursier,<sup>10</sup> Manal Abdelmalek,<sup>11</sup> Steve Caldwell,<sup>12</sup> Joost Drenth,<sup>13</sup> Quentin M. Anstee,<sup>14</sup> Dean Hum,<sup>15</sup> Remy Hanf,<sup>15</sup> Alice Roudot,<sup>15</sup> Sophie Megnien,<sup>15</sup> Bart Staels,<sup>16</sup> and Arun Sanyal,<sup>17</sup> on behalf of the GOLDEN-505 Investigator Study Group

# Elafibranor—Phase IIb GOLDEN Trial

**274 adult patients with histologic evidence of NASH;  
treatment with vitamin E, polyunsaturated fatty acids,  
or UDCA discontinued 3 months prior to biopsy;  
international RCT (Europe, United States)**



Abbreviations: NAS, nonalcoholic fatty liver disease activity score; NASH, nonalcoholic steatohepatitis; RCT, randomised controlled trial; UDCA, ursodeoxycholic acid.

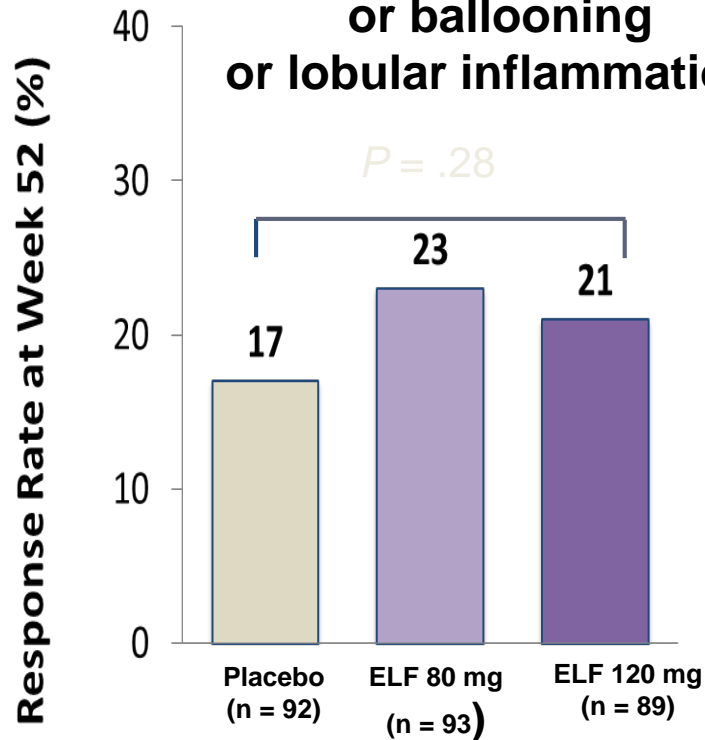
ClinicalTrials.gov. NCT01694849. <https://clinicaltrials.gov/ct2/show/NCT01694849>.

Ratziu V, et al. *Gastroenterology*. 2016 Feb 11. [Epub ahead of print]

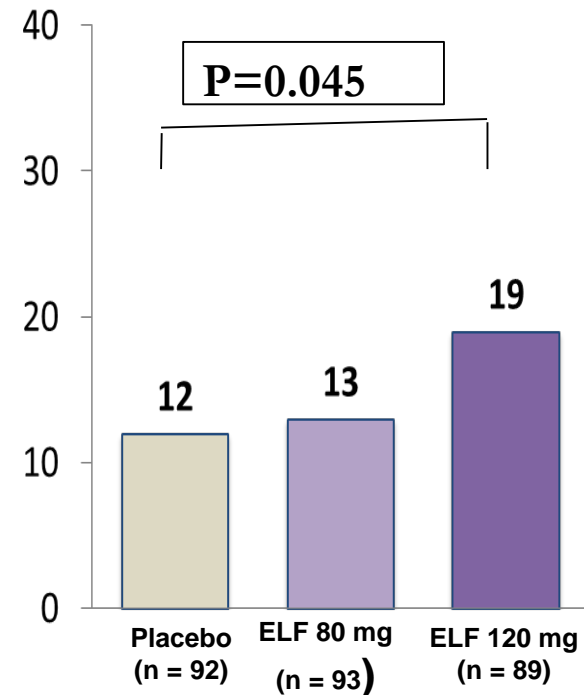
# **GOLDEN 505 Primary Endpoint in ITT Population**

## ***Resolution of NASH Without Fibrosis Worsening***

**Protocol-defined  
(disappearance of  
steatosis  
or ballooning  
or lobular inflammation)**

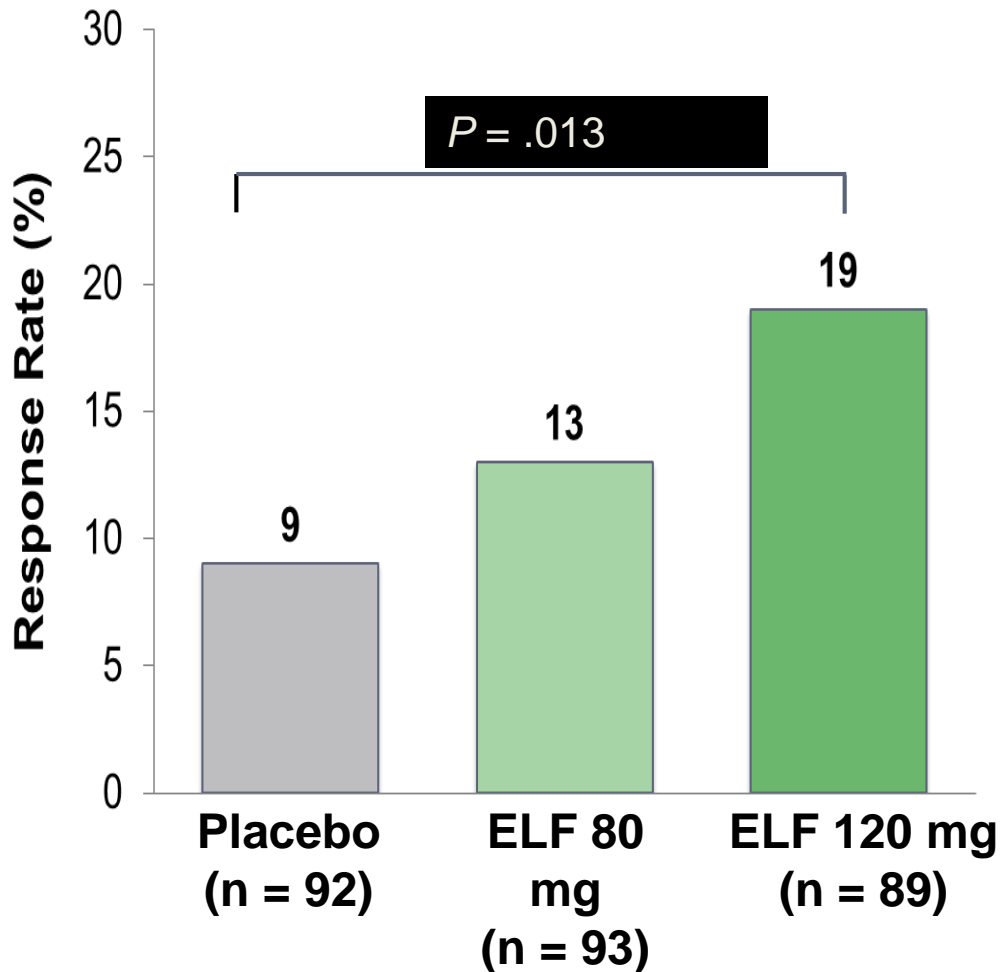


**Modified definition  
(no ballooning; lobular  
inflammation none or mild)**




Abbreviations: EASL, European Association for the Study of the Liver; ELF, elafibranor; ITT, intent-to-treat; NASH, nonalcoholic steatohepatitis. Ratzliff V, et al. *Gastroenterology*. 2016 Feb 11. [Epub ahead of print]

# GOLDEN 505 Primary Endpoint in Patients with NAS $\geq 4$ *Modified Definition*



Abbreviations: ELF, elafibranor; NAS, nonalcoholic fatty liver disease activity score.  
Ratzu V, et al. *Gastroenterology*. 2016 Feb 11. [Epub ahead of print]

## A Randomized, Placebo-Controlled Trial of Cenicriviroc for Treatment of Nonalcoholic Steatohepatitis With Fibrosis

Scott L. Friedman,<sup>1\*</sup> Vlad Ratziu,<sup>2\*</sup> Stephen A. Harrison,<sup>3</sup> Manal F. Abdelmalek,<sup>4</sup> Guruprasad P. Aithal,<sup>5</sup> Juan Caballeria,<sup>6</sup> Sven Francque,<sup>7</sup> Geoffrey Farrell,<sup>8</sup> Kris V. Kowdley,<sup>9</sup> Antonio Craxi,<sup>10</sup> Krzysztof Simon,<sup>11,12</sup> Laurent Fischer,<sup>13</sup> Liza Melchor-Khan,<sup>13</sup> Jeffrey Vest,<sup>14</sup> Brian L. Wiens,<sup>13</sup> Pamela Vig,<sup>13</sup> Star Seyedkazemi,<sup>13</sup> Zachary Goodman,<sup>15</sup> Vincent Wai-Sun Wong,<sup>16</sup> Rohit Loomba,<sup>17,18</sup> Frank Tacke ,<sup>19</sup> Arun Sanyal,<sup>20\*\*</sup> and Eric Lefebvre<sup>13\*\*</sup>

**ILC  
1368**

**Cenicriviroc treatment for adults with non-alcoholic  
steatohepatitis: Year 2 analysis of the Phase 2b CENTAUR study**

Ratzu C, et al. ILC 2018

# Cenicriviroc (CVC) Targets Inflammation & Fibrogenesis

## *NASH Disease Progression*

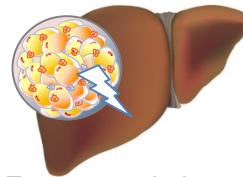
Metabolic-driven  
liver injury



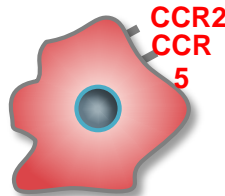
Evokes  
inflammatory  
response



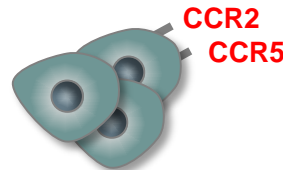
Drives  
fibrogenesis



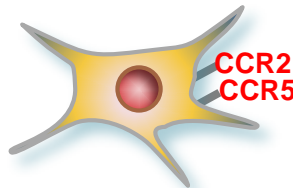
Fat accumulation  
drives liver injury



Kupffer Cell activation



Monocyte/macrophage  
recruitment



## CVC Mechanism

Block inflammatory  
signaling

Disrupt fibrogenic  
signaling  
In activate stellate cells

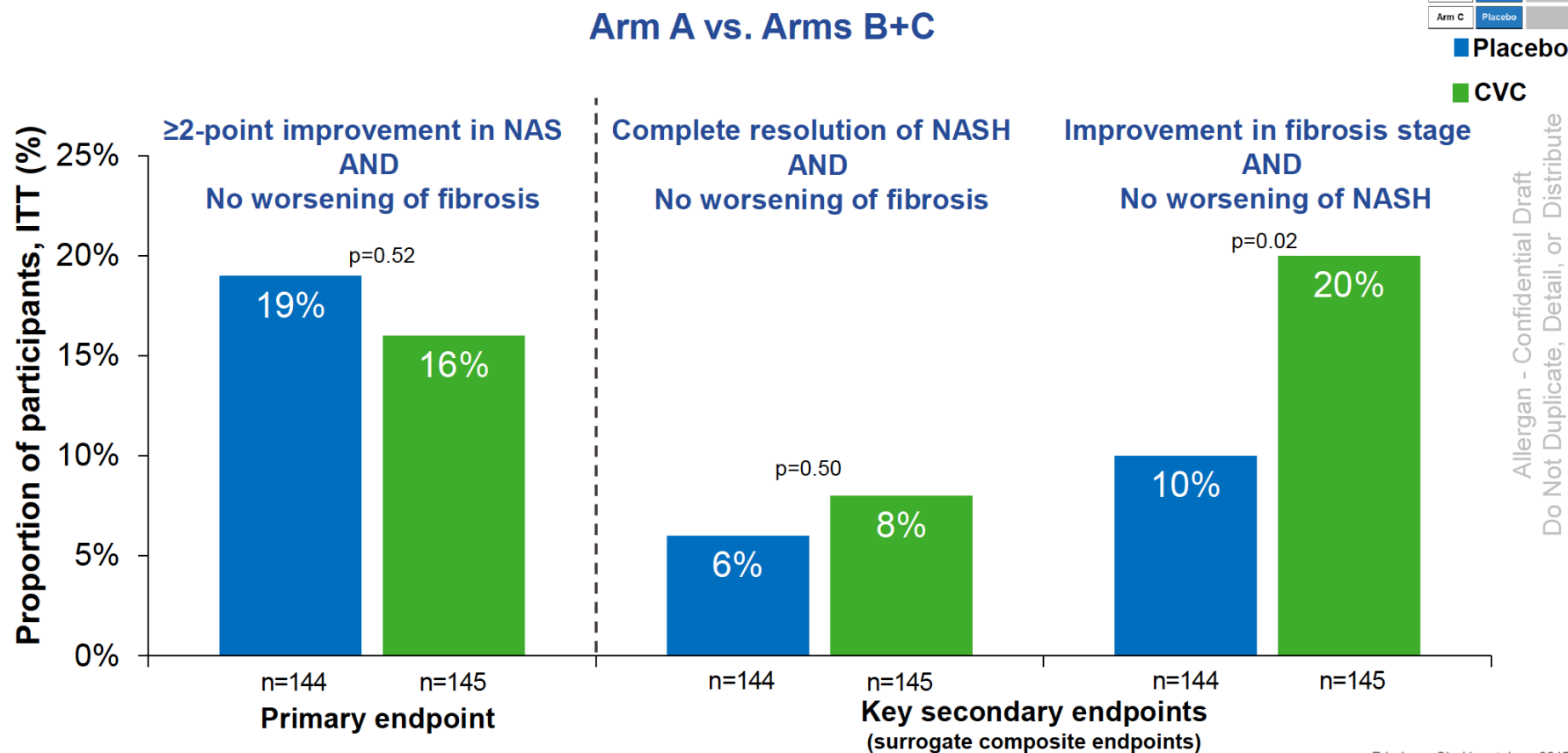
## Phase 2b, Randomized, Double-Blind, Placebo-Controlled Study

Baseline		Year 1 (Primary Endpoint)		Year 2 (Final Analysis)	
N=289 Randomization 2:1:1	Arm A	CVC 150 mg	Primary endpoint biopsy	CVC 150 mg	Final biopsy EXPLORATORY ANALYSES
	Arm B	Placebo		CVC 150 mg	
	Arm C	Placebo		Placebo	

- First Phase 2b study in NASH to collect 3 serial biopsies over a 2-year duration
- Key eligibility criteria
  - Fibrosis stage 1-3 (NASH CRN), NASH diagnosis (NAS  $\geq 4$ )
  - Enriched for T2DM, high BMI with at least 1 criteria of MetS, or bridging fibrosis and/or NAS  $\geq 5$
- Stratification factors: NAS (4 or  $\geq 5$ ) and fibrosis stage ( $\leq 2$  or  $> 2$ )
- Study conducted in the USA, EU, Australia, and Hong Kong



# CVC demonstrated antifibrotic effect without impact on underlying steatohepatitis at Year 1 (ITT)



CVC, cenicriviroc; ITT, intent-to-treat (missing data counted as failure);

Friedman SL, Hepatology 2017  
Wong V. APASL Annual Meeting 2017

Allergan - Confidential Draft  
Do Not Duplicate, Detail, or Distribute

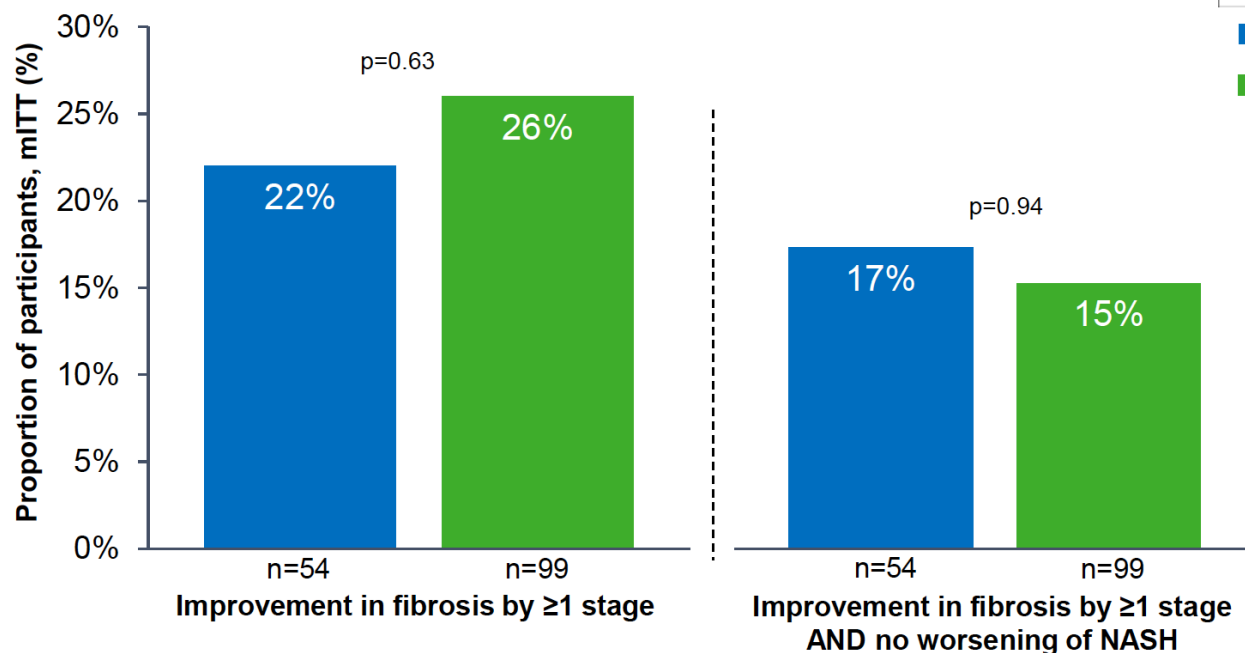
## ≥1-stage antifibrotic response with CVC following 2 years of treatment

Baseline to Year 2  
Arm A vs. Arm C

	Year 1	Year 2
Arm A	CVC	CVC
Arm B		
Arm C	Placebo	Placebo

■ Placebo

■ CVC



### Post-randomization biopsy at Year 2

	Placebo n (%)	CVC n (%)
<b>Randomized</b>	72	145
<b>Evaluable</b>	54 (75%)	99 (68.3%)
<b>Non-evaluable</b>	2 (2.8%)	4 (2.8%)
<b>Missing*</b>	16 (22.2%)	42 (29.0%)

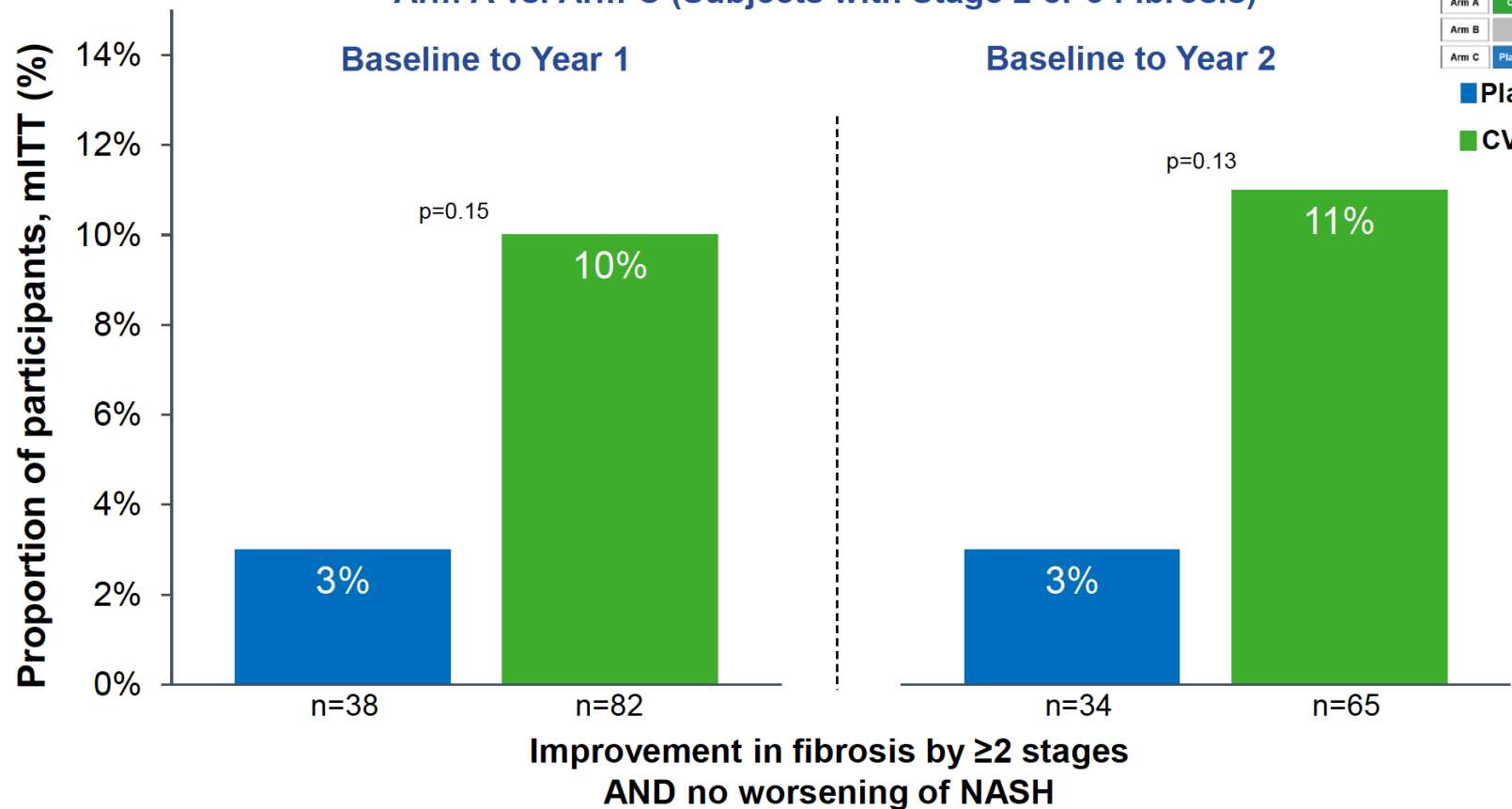
Percentages based on randomized participants

\*Participants with missing post-Baseline biopsies were considered non-responders and excluded from the mITT analysis

\*Imbalance in missing liver biopsies at Year 2 predominantly affected Arm A

## ≥2-stage antifibrotic response with CVC after 1 and 2 years of treatment

Arm A vs. Arm C (Subjects with Stage 2 or 3 Fibrosis)



## The ASK1 Inhibitor Selonsertib in Patients With Nonalcoholic Steatohepatitis: A Randomized, Phase 2 Trial

Rohit Loomba,<sup>1</sup> Eric Lawitz,<sup>2</sup> Parvez S. Mantry,<sup>3</sup> Saumya Jayakumar,<sup>4</sup> Stephen H. Caldwell,<sup>5</sup> Hays Arnold,<sup>6</sup> Anna Mae Diehl,<sup>7</sup> C. Stephen Djedjos,<sup>8</sup> Ling Han,<sup>8</sup> Robert P. Myers,<sup>8</sup> G. Mani Subramanian,<sup>8</sup> John G. McHutchison,<sup>8</sup> Zachary D. Goodman,<sup>9</sup> Nezam H. Afdhal,<sup>10</sup> and Michael R. Charlton,<sup>11</sup> for the GS-US-384-1497 Investigators

# GS-4997, an Inhibitor of Apoptosis Signal-Regulating Kinase (ASK1), Alone or in Combination with Simtuzumab for the Treatment of Nonalcoholic Steatohepatitis (NASH): A Randomized, Phase 2 Trial

**Rohit Loomba<sup>1</sup>, Eric Lawitz<sup>2</sup>, Parvez S. Mantry<sup>3</sup>, Saumya Jayakumar<sup>4</sup>,  
Stephen H. Caldwell<sup>5</sup>, Hays Arnold<sup>6</sup>, Anna Mae Diehl<sup>7</sup>, C. Stephen Djedjos<sup>8</sup>, Catherine Jia<sup>8</sup>, Robert P. Myers<sup>8</sup>, G. Mani  
Subramanian<sup>8</sup>, John G. McHutchison<sup>8</sup>, Zachary D. Goodman<sup>9</sup>, Nezam H. Afdhal<sup>10</sup>, Michael R. Charlton<sup>11</sup>**

<sup>1</sup>University of California at San Diego, San Diego, CA; <sup>2</sup>Texas Liver Institute, San Antonio, TX;

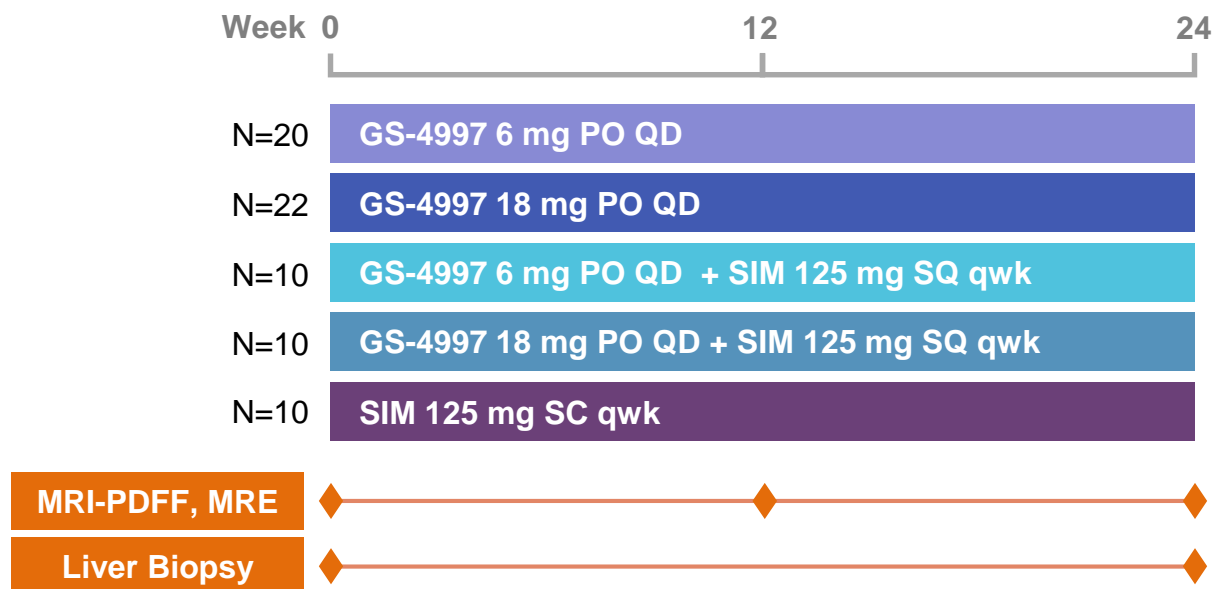
<sup>3</sup>The Liver Institute at Methodist Dallas, Dallas, TX; <sup>4</sup>University of Calgary, Calgary, AB, Canada;

<sup>5</sup>University of Virginia, Charlottesville, VA; <sup>6</sup>Gastroenterology Consultants of San Antonio, San Antonio, TX;

<sup>7</sup>Duke Clinical Research Institute, Durham, NC; <sup>8</sup>Gilead Sciences, Inc., Foster City, CA; <sup>9</sup>Inova Fairfax Hospital, Falls Church, VA; <sup>10</sup>Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA;

<sup>11</sup>Intermountain Medical Center, Salt Lake City, UT

# Study Design

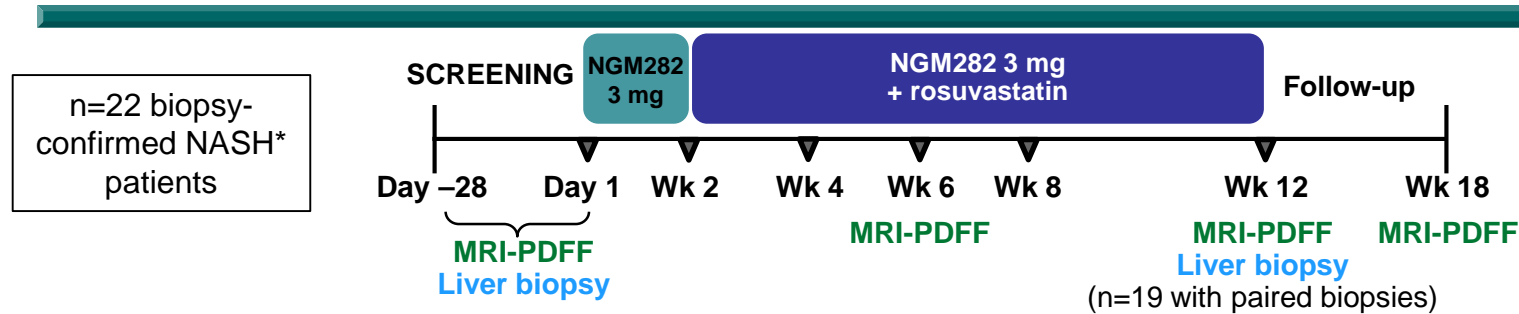


- Key inclusion criteria
  - Biopsy-proven NASH with NAS  $\geq 5$  ( $\geq 1$  point for steatosis, lobular inflammation, hepatocellular ballooning)
  - F2–3 fibrosis
- 2:2:1:1:1 randomization (stratified by diabetes)

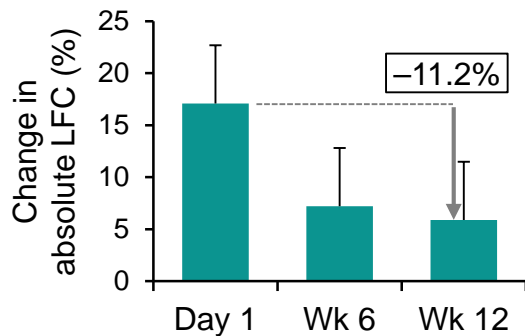
# Selonsertib & NASH

- After 24 weeks of treatment in patients with NASH and F2–3 fibrosis, selonsertib at 18 mg/day has beneficial effects on:
  - Fibrosis regression and progression
  - Liver stiffness by MRE
  - MRI-PDFF
  - ALT and GGT
  - CK-18
- selonsertib was safe and well-tolerated
- Phase 3 trials of selonsertib in patients with NASH and advanced fibrosis and cirrhosis have been initiated.

# NGM282 FGF19 analogue phase 2 trial

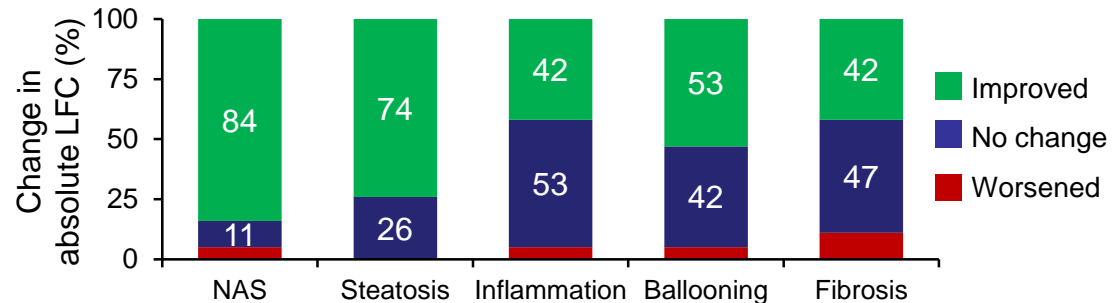


**Change in absolute LFC at Week 12 (n=19)**



- **Primary endpoint:** 100% patients had decrease in absolute LFC  $\geq 5\%$
- **Mean decrease in relative LFC was 67%;** 100% patients had relative LFC  $\geq 30\%$
- Rapid and significant reductions in: (C4), ALT and AST, fibrosis markers (PRO-C3), and LIF

**12-week histology endpoints (n=19)**



- **68% patients (n=13) were early histological responders<sup>†</sup>**
- **42% patients improved fibrosis  $\geq 1$  stage (3 patients F3 $\rightarrow$ F1)**
- Elevations in LDL-C managed by rosuvastatin back to baseline or below target of 100 mg/dl
- **Safety and tolerability** favourable: most common AEs were mild loose/frequent stools and injection site reactions

## Conclusions

- Unprecedented improvements in fibrosis and NASH-related histology, with earlier decreases in hepatic steatosis, liver transaminases and fibrosis markers

\*NAS  $\geq 4$  ( $\geq 1$  in each component), stage 1–3 fibrosis, absolute LFC  $\geq 8\%$  (MRI-PDFF)

<sup>†</sup>Defined as  $\geq 1$  stage fibrosis improvement,  $\geq 2$ -point decrease in NAS or resolution of NASH

Harrison S, et al. ILC 2018, #5037 (GS-014)

Slide courtesy of Naga Chalasani (IU)



# MGL-3196, a selective thyroid hormone receptor beta (THR- $\beta$ ) agonist: Phase 2 NASH study

## Background

- MGL-3196 lowers LDL-C and TGs; and could reduce NASH by increased  $\beta$ -oxidation of liver lipids and improved mitochondrial function
- Safe and well tolerated in >300 dosed subjects (Phase 1)

## Methods

- 125 patients with biopsy-proven NASH\* and  $\geq 10\%$  liver fat on baseline MRI-PDFF randomized 2:1 to oral MGL-3196 qd or placebo for 36 weeks; blinded increase or decrease in dose possible based on exposure
- Serial liver biopsies performed

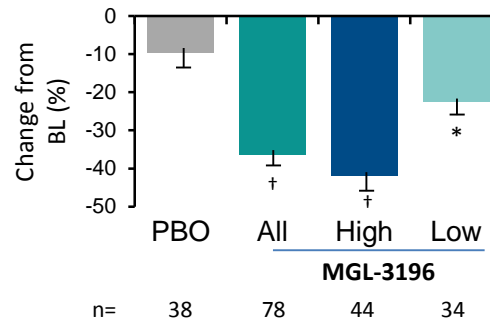
## Results (Week 12)

- Liver enzymes:** Decreases in ALT and AST in high-exposure MGL-3196 vs. PBO ( $p=0.04$ ,  $0.02$ , respectively)
- Fibrosis biomarkers:** MGL-3196 significantly decreased ELF™ and Pro-C3 (up to 40% vs. PBO;  $p=0.009$ ,  $0.002$ , respectively) in patients with >ULN levels at baseline (reflective of more advanced fibrosis stage)
- Safety**
  - Study still blinded; MGL-3196 shows very good tolerability: mostly mild-moderate AEs, balanced between all groups
  - Three SAEs, all unrelated to drug
  - No change in thyroid axis, heart rate or vital signs
  - Significant decreases in S/DBP for MGL-3196 vs. PBO

## Conclusions

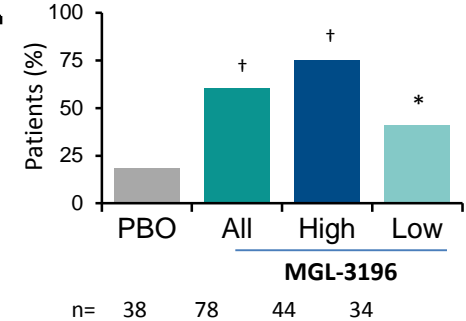
- MGL-3196 reduced NASH and liver fibrosis
- Histopathological assessment (36-week liver biopsy) will allow for correlations with baseline biopsy and multiple 12- and 36-week non-invasive imaging and biomarkers

- Primary endpoint:** Relative change in liver fat on MRI-PDFF at 12 weeks

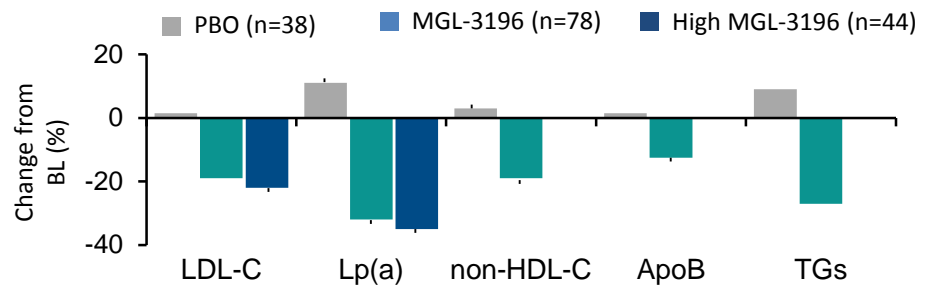


\* $p<0.05$  vs PBO; <sup>†</sup> $p<0.0001$

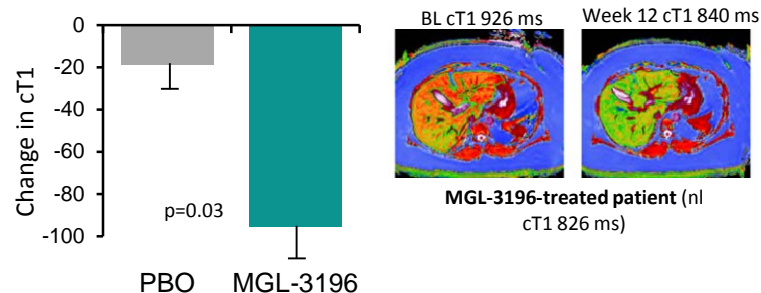
- Patients achieving  $\geq 30\%$  fat ↓



- Lipids:** meaningful reductions in atherogenic lipids ( $p<0.0001$ )



- Multiparametric MRI-PDFF substudy:** Statistically sig. improvements in cT1 (shown to correlate with inflammation on liver biopsy)



\*NAS  $\geq 4$ , F1-3

Harrison A, et al. ILC 2018, #1977 (GS-009)

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- 125 patients with biopsy-proven NASH\* and  $\geq 10\%$  liver fat on baseline MRI-PDFF randomized 2:1 to oral MGL-3196 qd or placebo for 36 weeks; blinded increase or decrease in dose possible based on exposure
- Serial liver biopsies performed

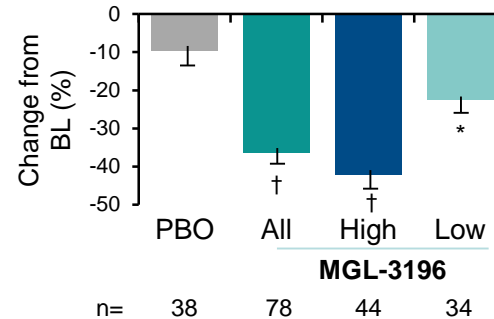
## Results (Week 12)

- Liver enzymes:** Decreases in ALT and AST in high-exposure MGL-3196 vs. PBO ( $p=0.04$ ,  $0.02$ , respectively)
- Fibrosis biomarkers:** MGL-3196 significantly decreased ELF<sup>TM</sup> and Pro-C3 (up to 40% vs. PBO;  $p=0.009$ ,  $0.002$ , respectively) in patients with >ULN levels at baseline (reflective of more advanced fibrosis stage)
- Safety**
  - Study still blinded; MGL-3196 shows very good tolerability: mostly mild-moderate AEs, balanced between all groups
  - Three SAEs, all unrelated to drug
  - No change in thyroid axis, heart rate or vital signs
  - Significant decreases in S/DBP for MGL-3196 vs. PBO

## Conclusions

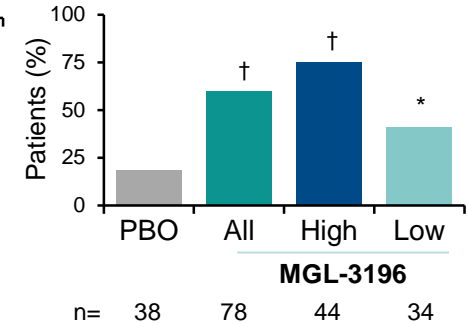
- MGL-3196 reduced NASH and liver fibrosis
- Histopathological assessment (36-week liver biopsy) will allow for correlations with baseline biopsy and multiple 12- and 36-week non-invasive imaging and biomarkers

- Primary endpoint:** Relative change in liver fat on MRI-PDFF at 12 weeks

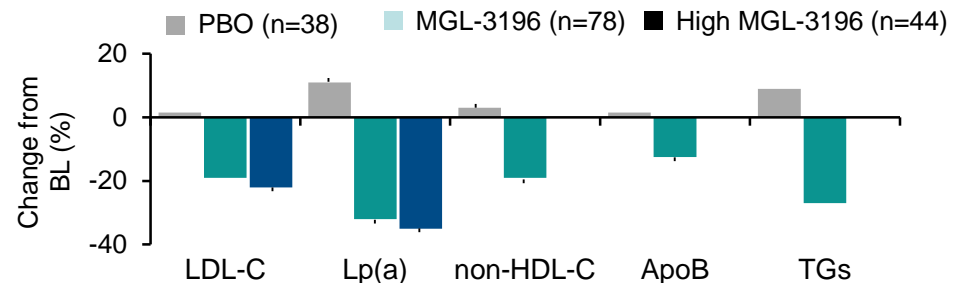


\* $p<0.05$  vs PBO; † $p<0.0001$

- Patients achieving  $\geq 30\%$  fat ↓



- Lipids:** meaningful reductions in atherogenic lipids ( $p<0.0001$ )



\*NAS  $\geq 4$ , F1-3

Harrison A, et al. ILC 2018, #1977 (GS-009)

# GR-MD-02, a Galectin-3 inhibitor, is better in patients with NASH cirrhosis without varices and mild portal hypertension (PH)

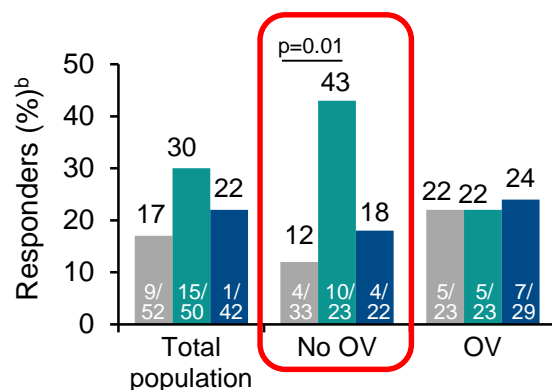
**Background:** Galectin-3 protein is implicated in the pathogenesis of NASH

**Methods:** 162 patients with NASH cirrhosis and PH, with no or small oesophageal varices (OVs), randomized 1:1:1 to 26 q2w IV infusions of GR-MD-02 2 mg/kg (GR2; n=54), 8 mg/kg (GR8; n=54), or PBO (n=54) over 52 weeks

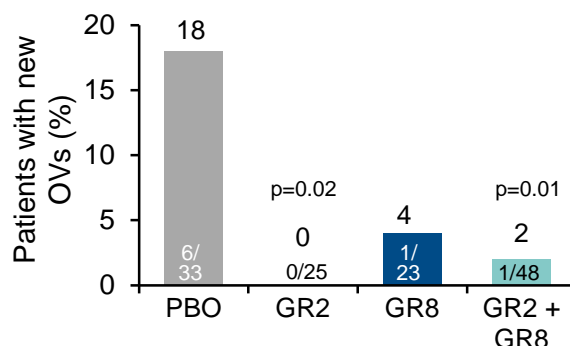
## Results:

- No significant differences in  $\Delta$ HVPG (primary endpoint), fibrosis, or NAS between PBO and GR in total population, only improvement in hepatocyte ballooning vs PBO with GR2 ( $p=0.03$ ); trend with GR8 ( $p=0.08$ )
- Mild PH subgroup<sup>a</sup>** (n=53; 20 PBO, 17 GR2, 16 GR8): Significant difference in  $\Delta$ HVPG between PBO and GR8 ( $p=0.036$ )
- Safety:** GR-MD-02 well tolerated; similar rate of AEs and SAEs. More patients discontinued GR8 due to AEs (n=5; PBO and GR2, n=0)

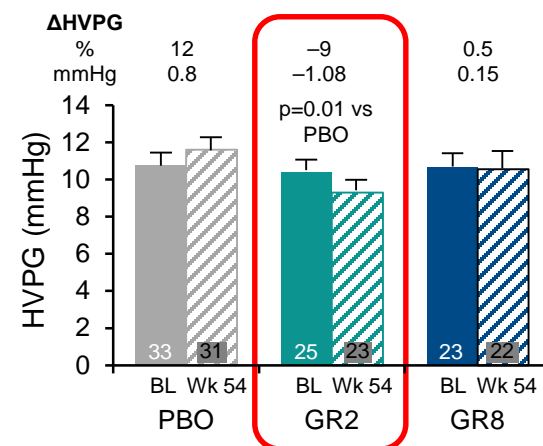
### HVPG decrease greater in patients with no OV with GR2 but not GR8



### Fewer GR-MD-02-treated patients developed new OVs at EOT



### $\Delta$ HVPG in patients with no OVs at BL



## Conclusions

- GR-MD-02 did not improve HVPG or liver fibrosis in total population, but significantly improved hepatocyte ballooning
- Significant and clinically relevant beneficial effects in **patients with NASH cirrhosis with no OV and mild PH** with GR2
- Significantly fewer GR2 patients developed new OVs at end-of-study
- These data warrant further investigating GR-MD-02 in NASH cirrhosis without varices

<sup>a</sup>HVPG between  $\geq 6$  and  $< 10$  mmHg at baseline; <sup>b</sup>HVPG decrease from baseline of both  $\geq 2$  mmHg and  $\geq 20\%$   
Chalasani N, et al. ILC 2018, #5569 (LBO-001)

# Summary

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- Four drugs with different targets are in Phase 3 trials for NASH
  - Results expected in 1-2 years
- Many drugs in are Phase 2 trials with provocative results
- Future therapy may be combination therapy
- Ideally we will have personalized therapy
- Timeline: 2-5 years