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Case discussions for de-escalation of therapy in IBD



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Outline

- Why consider therapy de-escalation?
- 5-ASA therapy de-escalation or cessation
- Withdrawal of immunomodulator:
 - Monotherapy
 - Combination therapy
- Withdrawal of anti-TNF therapy
- Re-treatment after therapy discontinuation



Why consider therapy de-escalation?

5-ASA therapy de-escalation or cessation

Immunomodulator de-escalation

Withdrawal of anti-TNF therapy

Re-treatment after therapy discontinuation

Factors involved in decision to de-escalate drug therapy in IBD

Thank You sandrasp@uci.edu